



**For Active
Adults 50 +**

309 West Sealy
Alvin, TX 77511
281-388-4298
Fax 281-388-4367
www.alvin-tx.gov

Office Hours:
Monday - Friday
7:30 am - 4:30 pm



HOLIDAY CLOSURE:
In observance
of Independence
Day, the Center will
be closed on
Mon, July 4, 2016.

Check out all Parks & Recreation classes & programs at:
<http://booking.ca/bkalvinrecreationpub/>

**Enjoy your
Summer
Vacation!**



Alvin Senior Center

July - August 2016

JULY 7

7:00 PM



\$2.00

Sign up today!

OPEN HOUSE

Enjoy photography or want to learn, we have a class! Want to get started on your journey to a healthier lifestyle, we have exercise & support classes! Always been a bit curious about your heritage, we have a Genealogy class! Come out and learn more about all the Alvin Senior Center has to offer! There is something for EVERYONE!

We are an extended family always ready to welcome a friendly face!

**SATURDAY, AUGUST 27
1:00 - 3:00 PM**

Light refreshments will be served

September - October Newsletter Release Date:
Friday, August 26, 2016.
Sign-Ups Start Monday, August 29, 2016 at 8am



Alvin Senior Center Trip Policy

All trips hosted through the Senior Center are open to participants 50 years of age or older. Unless otherwise notified, the primary vehicle used for transportation can accommodate up to 20 passengers and has wheelchair accessibility. The secondary vehicle may accommodate up to 12 passengers and does not have wheelchair accessibility.

Guidelines for trip participants:

1. Trip fees must be paid at the time of registration
2. Participants must be self-sufficient to negotiate terrain of the destination as well as distance of travel time
3. Participants shall sign a trip Release of Liability waiver prior to departure
4. Participants must be on time for all departure times, transportation vehicle will not wait
5. Anyone who exhibits inappropriate behavior may be suspended from future trips
 - A. Inappropriate behavior may be described as, but not limited to: altered behavior brought on by alcohol, drugs or other external agents, offensive language and/or physical gestures/violence, instigating inappropriate behavior and failing to follow instructions
6. Seating in the vehicle shall be first come first served, please refrain from saving multiple seats
7. Smoking, eating and/or drinking will not be allowed in the vehicle. A closed, clear-liquid drink is permitted if necessary.
8. All accidents/incidents require a completed contact form signed by the individual (s) involved
9. For overnight/extended travel, a completed emergency medication/health questionnaire is recommended

Refund Policy

The Senior Center Coordinator or designated staff member (s) shall review and manage all refunds and/or credits issued to a paid participant. Refunds may be issued when paid registration is equal to or greater than ten (\$10) dollars. No refunds can be granted on advance ticket purchases. Credit will be granted in lieu of a refund when the paid registration is less than ten (\$10) dollars and/or the participant elects this option instead of receiving a full refund. All credit accrued shall expire if not used by December 31st of the current calendar year.

Trip Cancellation

When a hosted trip is canceled by the Senior Center all paid participants may be eligible for a refund less any advance ticket purchase price OR received credit limited to the value of the dollar amount paid less any advance ticket purchase price. Should advance tickets be purchased, participants unable to attend are encouraged to find a replacement as there is typically limited space and other patrons may wish to attend. Participants who wish to cancel their paid registration must do so prior to three (3) calendar days of the event date. Those who cancel on or within three (3) calendar days will not receive credit or a refund.

DUE TO LIMITED SENIOR CENTER PARKING, TRIP PARTICIPANTS ARE REQUIRED TO PARK AT THE STANTON'S OVERFLOW LOT, THE MUSEUM PARKING LOT WHEN CLOSED OR CITY HALL PARKING LOT.

Updated 11/3/2011

What's Happening

Your community news around Alvin!



New volunteer opportunities available! We put together committees and would greatly appreciate your smiling face and willingness to help with one or more of the following; The Luau, Open House, Dances, Volunteer of the Year and Luncheon, Oktoberfest, Heart Healthy Lunch and Hooray for the Holidays Lunch. Ready to start? GREAT! Please come by the office and we will sign you up! Thank you!!



Enjoy a FREE family movie at AHS Memorial Stadium! Pack a picnic, bring a chair or blanket and enjoy a movie in the Summer night air! Movies will begin around dusk. Come early for Blanket Bingo!

Bingo starts at 6:00 PM \$1.00 Per Card, Unlimited Use

Date: July 15 Movie: Inside Out

Date: August 12 Movie: Zootopia

Movies start at 8:00 PM



Join the Senior Center Breakfast Club! Every Monday at Joe's BBQ Banquet Center enjoy fun, friendly conversation and a great breakfast buffet!

Time: 6 - 8:00 AM

Where: Look for the 2 round tables with Alvin Senior Center signs

Who's Going to be There? EVERYONE!

Cost: \$4.25 For the Buffet + Free Coffee



Did you capture a great moment on a Senior Center trip or here at the Center? Board Member, Beverly Kimbrough would appreciate a copy of your photo for the Alvin Senior Center history book! Please print a 4x6 copy on photo paper and drop it by Ron or Marla's office! Thank you.

DOES YOUR GROUP, CHURCH OR LOCAL CIVIL ORGANIZATION HAVE AN EVENT OR AN ACTIVITY THEY WOULD LIKE TO INVITE EVERYONE TO? Submit it to be in the next newsletter! Please write your name, contact number & brief description of the event on a suggestion form, drop it in the suggestion box and Ron or Marla will get back to you for further info.

We are here for YOU! Your feedback & suggestions are welcomed. Went on a trip and had a great time? or maybe you didn't like it so much.. Let us know! Want to go somewhere or do something... Let us know! Drop your suggestions & feedback in the boxes in the "lounge" outside the exercise room.

GAMES & FITNESS FUN!

BREAKFAST AND BONES - 42

Enjoy a light breakfast, coffee and a game of dominoes with us every week!

WHEN: Wednesdays
TIME: 8:30 AM - 12 PM
COST: Donations accepted

42 DOMINO'S

Join us for 42 domino's. Newcomers welcome!

WHEN: Mondays & Fridays
TIME: 11 AM - 4:30 PM, Board Rm
COST: FREE

MAH-JONG

Do you know how to "Mah-jong"? Come see what all the excitement is about and learn this fun and challenging game.

WHEN: Wednesdays
TIME: 1 - 4:30 PM, Board Rm
COST: FREE

LADIES NIGHT OUT! CANASTA HAND & FOOT

CANASTA HAND & FOOT FOR YOU LADIES ONLY!

WHEN: 1st & 3rd Monday Every Month
TIME: 7 - 10 PM, Board Rm
COST: FREE

Bring a snack to share

CANASTA HAND & FOOT EVERYONE WELCOME!

WHEN: 2ND & 4TH MONDAY EVERY MONTH
TIME: 7 - 10 PM, Board Rm
COST: FREE

Bring a snack to share

LINE DANCING

(ON HOLD-LOOKING FOR INSTRUCTOR)

WHEN: Wednesdays
TIME: 10:30 - 11:30 AM
COST: 5 Class Punch Card - \$10.00

BEGINNING TAI CHI

Tai Chi is a Chinese form of martial arts involving slow, controlled movements. This low impact exercise improves balance & stability. Starts Sept. 7th.

DATE: Every Weekday, Monday thru Friday
TIME: 8:30 - 9:30 AM
COST: FREE

AFTERNOON TAI CHI

Join Nolan, an expert Tai Chi instructor for 12 years for this Chinese-based form of martial arts. Slow, controlled movements. & low impact.

WHEN: Mondays & Wednesdays
TIME: 11:30 AM - 1:00 PM
COST: FREE

ACES

This low impact, evidence based exercise class is so much fun you won't know it's good for you!

DATE: Monday, Wednesday & Friday
TIME: 9:30 - 10:30 AM
COST: FREE

BODY RECALL

Fun and Fitness! Join Marilyn in this high energy exercise class that helps with mobility & flexibility.

WHEN: Monday, Wednesday & Friday
TIME: 1 - 2 PM
COST: See Instructor

ZUMBA GOLD

Join Leticia, for a high energy Latin inspired dance fitness class! All levels welcome!

WHEN: Tuesday & Thursdays
TIME: 9:30 - 10:30 AM
COST: 5 Class Punch Card - \$10.00
10 Class Punch Card - \$20.00 + 1 Free

T.O.P.S

Join Patsy Fleck & her group to learn how to "Take Off Pounds Sensibly". Stay fit & healthy the right way.

WHEN: Tuesdays
TIME: 6:00 PM COST: FREE

BEGINNER COMPUTER ASSISTANCE

Make an appointment with Tom for one-on-one Computer assistance & training. Get connected today!

TIME: Tues - Fri, 12:30 - 4:30pm
COST: FREE

LONESTAR LEGAL AID

Free legal advice! Counseling services Offered to Brazoria County residents who qualify. 979-849-6464 Ext. 2525

When: 3rd Monday of ever Month

ARTS, CRAFTS and ENTERTAINMENT!

CROCHETING

Join Grace in the craft room for Crochet Class! Whether you are a beginner or just want a great group to crochet with, this is the crochet group for you!

WHEN: Thursdays
TIME: 1 - 3 PM, Craft Room
COST: Your Materials Per Instructor

QUILTING CLASS

Join Sue Driskill every Monday for quilting class. An expert quilter that can teach beginning to expert! All levels welcome!

WHEN: Mondays
TIME: 6 - 8 PM, East End
COST: Your Materials Per Instructor

FRIDAY NIGHT QUILTING BEE

Join Sue and the quilting gang for Friday night quilting fun! Always a good time!

WHEN: Every Friday
TIME: 5 - 9:30 PM, East End
COST: Your Materials Per Instructor

OIL PAINTING & WATERCOLOR

Join Beverly Kimbrough in painting class. She will guide you straight into your next masterpiece! All skill levels are welcome!

On Vacation June, July & Aug. See you in September!

WHEN: Wednesdays
TIME: 1 - 3 PM, Craft Room
COST: Your Materials Per Instructor

We have to call our friends, the Alvin Senior Center is SO MUCH FUN!

I know! So much to do & everyone is so friendly! I love coming here!



THE RAT PACK BOOK CLUB

WHEN: July 20 & August 17
TIME: 10 AM - 12 PM, Craft Room
COST: Your Book
July Book: As Time Goes By
By: Mary Higgins Clark
August Book: The Quaker Café
By: Brenda Bevan Remmes

ALVIN SENIOR PHOTOGRAPHY CLUB

Are you interested in taking better pictures? Wonder what all those features on your camera are for? Join Fern Burgett and the photography club and capture life behind the lens!

WHEN: Tuesdays
TIME: 9:30 - 11:30 AM, Craft Room
COST: Free, Camera Needed

BEGINNING GENEALOGY

Join Oletia Teas as she teaches us research tips, tricks and the basics on where to begin on our Genealogy journey.

WHEN: 1st & 3rd Monday of Every Month
TIME: 9:30 - 11:30 AM
COST: Free Instruction, Field Trips to Research Library Will Have a Small Fee

WEDNESDAY NIGHT JAM SESSION

If you play a musical instrument, sing or simply enjoy listening to a good, raw musical sound, join us as we jam out to our musical favorites!

WHEN: Wednesdays
TIME: 5:30 - 8:30 PM, West End
COST: Free

KARAOKE NIGHT

Do you like to sing and have fun? We are having a great time on Thursday nights! All we need is you!

WHEN: Thursdays
TIME: 6 - 9 PM COST: Free

FRIDAY NIGHT JAM SESSION

We enjoyed it so much we brought it to Fridays! Leave the cords at home though, this one's acoustic only!

WHEN: Fridays COST: Free
TIME: 5:30 - 8:30 PM, West End

July Trips and Events

DINNER BUNCH - SAKURA JAPANESE STEAKHOUSE

Fresh sushi, traditional Japanese dishes such as Tempura & Teriyaki all cooked tableside by Expert Chefs!

Average Meal \$18.00

Date: Wednesday, July 6

Leaving the Center at: 4:30 PM

Cost: \$4.00 Fuel + Dinner on your own

Location: Pearland

SUMMER SPLASH at THE POOL

Grab your flip flops & towel and come have a splashing good time with us! We are cooling off, having fun and enjoying dinner poolside!

Date: Thursday, July 7

Time: 7:00 PM Cost: \$2.00

Location: Municipal Pool 919 Bayou Dr

"THE NIGHT THE MUSIC DIED" MOODY GARDENS CONVENTION CENTER

Music from Buddy Holly, Richie Valens & The Big Bopper! All through the magic of theater, their last concert comes back to life in full blast where the audience will actually feel that they were there on that fateful night!

Date: Friday, July 8

Leaving the Center at: 6:00 PM

Cost: \$5.00 Fuel + \$31.00 Ticket in Advance

MOVIE TUESDAY at WEBSTER CINEMARK

Date: Tuesday, July 12

Movie & leave time will be announced on July 7

Cost: \$3.00 Fuel + \$5.50 Ticket at the door + Lunch on your own

Lunch following the movie at Hibachi Grill & Buffett



MILLION DOLLAR QUARTET at MILLER OUTDOOR THEATER

A smash-hit musical inspired by the famed recording session that brought together rock n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis & Carl Perkins!

Date: Wednesday, July 13

Leaving the Center at: 6:45 PM

Cost: \$5.00 Fuel

REVERSE MORTGAGE INFORMATION SESSION with LOUIS

Date: Thursday, July 14

Time: 10:00am Cost: FREE

Location: West End, Senior Center

NATIONAL LOLLIPOP DAY

Date: Wednesday, July 20

Time: 8:00 AM - 4:00 PM

Cost: FREE

Location: Drop By the Business Office

GALVESTON RAILROAD MUSEUM

At the head of The Strand is one of the five largest restored railroad collections in the country! Stroll through memorabilia, exhibits and over 40 locomotives & rolling stock! A must see for any train enthusiast!

Date: Tuesday, July 19

Leaving the Center at: 9:15AM

Cost: \$5.00 Fuel + \$8.00 Ticket At the Museum

Location: Galveston

LEARNING LUNCH

TOPIC: Alvin Affinity Care Services

Date: Thursday, July 21

Time: 11:00 AM Cost: \$3.00

Location: West End, Senior Center



LUNCH BUNCH - LUNA'S MEXICAN RESTAURANT

The BEST Mexican food around! Mouth watering fajitas and great salsa! If you're dining for two I definitely recommend the Tour of Mexico! A bit of everything! YUM!

Average Meal \$11.95

Date: Friday, July 22

Leaving the Center at: 10:30 AM

Cost: \$5.00 Fuel + Lunch on your own

Location: Texas City

LUNCH BUNCH - BLESSING HOTEL

Good 'ol country cookin' like momma use to make! Enjoy a family-style lunch in a charming historical hotel built in 1906. Pull up to the table with your friends and bring your appetite, everything is served family-style! Sign up is required by July 19 for reservations.

Date: Tuesday, July 26

Leaving the Center at: 9:30 AM

Cost: \$5.00 Fuel + \$8.50 for Lunch (they only accept cash)

Location: Blessing

DINNER BUNCH - TUSCANY BISTRO

A nice, quaint bistro with a relaxed atmosphere and made to order Italian cuisine. They serve a yummy, cheesy Lasagna! A local favorite!

Average Meal \$15.99

Date: Wednesday, July 27

Leaving the Center at: 4:30 PM

Cost: \$5.00 Fuel + Dinner on your own

Location: League City

LUAU

Hele Mei Hoohiwahiwa! Aloha Party People! Dust off your grass skirt and come join in the Hula fun! Bernadette will be bringing friends and performing authentic hula dancing for our annual Luau! We will be serving up an authentic Hawaiian Lunch! FUN & FOOD! YAY!

Date: Thursday, July 28

Time: 11:30am

Cost: \$5.00 Each

Location: West End, Senior Center



August Trips and Events

THE CURT MILLER MAGIC & COMEDY SHOW at MOODY GARDENS CONVENTION CENTER

Magic! Comedy! 'Vegas-Style' Grand Illusions! Curt Miller blends dazzling magic, music and great clean comedy in a theatrical show that will leave you amazed, amused and most of all, entertained!

Date: Tuesday, August 2

Leaving the Center at: 6:00 PM

Cost: \$5 Fuel + \$23.00 Ticket in Advance

Location: Galveston

LUNCH BUNCH - ON THE RIVER

A Senior Center favorite! Enjoy your choice of fresh seafood, a juicy hand cut steak or a Texas-sized burger. There is something for everyone in this relaxing small town café!

Average Meal \$16.99

Date: Thursday, August 4

Leaving the Center at: 10:00 am

Cost: \$5.00 Fuel + Lunch on your own

Location: Freeport

MOVIE TUESDAY at WEBSTER CINEMARK

Date: Tuesday, August 9

Movie & leave time will be announced on Aug 4

Cost: \$3.00 Fuel + \$5.50 Ticket at the door + Lunch on your own

Lunch following the movie



MUSEUM of SOUTHERN HISTORY at HOUSTON BAPTIST UNIVERSITY

Take a guided tour back to the South in the 1800's. A chronicle of room settings, cases, dioramas & weapons that convey a sense of those who settled in the region and how they rebuilt their lives after the Civil War all for you to see & learn the history of the south! After the museum we will be stopping at Big Horn BBQ for lunch.

Average Meal \$9.99

Date: Thursday, August 11

Leaving the Center at: 9:00 AM

Cost: \$5 Fuel + \$5 Ticket at the Door + Loyo

Location: Museum - Houston, Lunch - Pearland

BOOMERS & BEYOND

On vacation. Will return in September.

LUNCH BUNCH - MAIN STREET BISTRO

A mix of local, coastal, Hispanic & Creole cuisine with a contemporary twist! A must try is the Jamaican Jerk Coleslaw! Oh so GOOD! Average Meal \$14.00

Date: Wednesday, August 17

Leaving the Center at: 10:15 AM

Cost: \$5.00 Fuel + Lunch on your own

Location: League City

LEARNING LUNCH *limited to 45 participants

TOPIC: Walgreen's Stay Cool Summer

Date: Thursday, August 18

Time: 11:00 AM Learning, 11:45 AM Lunch

Cost \$3.00

Location: West End, Senior Center



DINNER BUNCH - KONA'S

A diverse menu of American dishes & Japanese cuisine. Enjoy dining on Kona's specialties such as Baked Sea Bass, Almond Crusted Pork Tenderloin and Macadamia Nut Chicken with the freshest ingredients and made from scratch. Daring, try a sushi or sashimi roll!

Average Meal \$20.00

Date: Tuesday, August 23

Leaving the Center at: 4:30 PM

Cost: \$4.00 Fuel + Dinner on your own

Location: Baybrook Mall, Friendswood

NATIONAL PEACH PIE DAY!

Join us in the West End for a slice of sweet peachy deliciousness! Sign up required by Aug 19th.

Date: Wednesday, August 24

Time: 1:00 PM

Cost: FREE

DINNER BUNCH - MARINA'S MEXICAN RESTAURANT

We LOVE Mexican food! Fajitas! Enchiladas! Stuffed Avocados & QUESO! Don't forget to order a side of their handmade flour tortillas. They are melt-in-your-mouth amazing!

Average Meal \$13.99

Date: Tuesday, August 30

Leaving the Center at: 4:30 PM

Cost: \$4.00 Fuel + Dinner on your own

Location: Pasadena

OPEN HOUSE

Enjoy photography or want to learn, we have a class! Want to get start your journey to a healthier lifestyle, we have exercise & support classes! Always been a bit curious about your heritage, we have a Genealogy class! Come out and learn more about all the Alvin Senior Center has to offer! There is something for EVERYONE! We are an extended family always ready to welcome a friendly face! No sign up required.

Date: Saturday, August 27

Time: 1:00 - 3:00 PM

Location: Alvin Senior

Light refreshments will be served



STAFF

Marla Grigsby
Senior Center Manager

Ron Shepherd
Senior Center Attendant

Thomas Cox
Senior Center Opener / Closer

Thomas Christopher
Experience Works, Trainee (SCSEP)



SENIOR BOARD

Barbara Biggers, President

Nell Shimek, Secretary

Beverly Kimbrough, Historian

Betty Hodges

Wanda Garrett

Darrell Brady

Brenda Maust



NEW MEMBERS ALWAYS WELCOME!	JOIN IN THE FUN!
RETIRED SCHOOL EMPLOYEES	<i>1st Thurs of the Month (3:00 - 4:30 PM)</i>
GARDEN CLUB	<i>1st Thurs of the Month (9:00 AM - 1:00 PM)</i>
ACTIONS (281) 585-4677	<i>Monday - Friday (8:00 AM - 2 :00 PM)</i>
DAYTIMERS	<i>4th Mon of the Month (10:30-12PM)</i>
ARE YOU OK?	<i>2nd Friday of the Month (10:00 AM - 12:00 PM)</i>
LONE STAR DAYLILY SOCIETY	<i>3rd Sun of the Month (2:00 - 5 :00 PM)</i>
MUSTANG CLUB	<i>1st Fri of the Month (1-3:00 PM)</i>
WOODMEN OF THE WORLD	<i>1st Tues of the Month (6:00 - 8 :00 PM)</i>
GULF COAST QUILTERS GUILD	<i>1st Thursday of the Month (6:00 - 9 :00 PM)</i>
QUILTING CLASS	<i>Mondays (6:00 - 8:00 PM)</i>
FRIDAY NIGHT QUILTING BEE	<i>Fridays (5:00 PM- 9:30 PM)</i>
MONDAY BRIDGE	<i>2nd & 4th Mon. of the Month (10:00 AM - 1:30 PM)</i>
TUESDAY BRIDGE	<i>2nd & 4th Tues of the Month (9:30 AM - 3:30 PM)</i>
THURSDAY BRIDGE	<i>2nd & 4th Thurs of the Month (1:00 - 5:00 PM)</i>

THE ALVIN SENIOR CENTER WILL BE GLAD TO ASSIST YOU WITH ROOM RENTALS FOR BIRTHDAYS, GRADUATION PARTIES, BABY SHOWERS, WEDDINGS, ANNIVERSARIES OR OTHER TYPES OF PARTIES OR SPECIAL EVENTS. WE HAVE A SPACIOUS FACILITY AND OUR RENTAL RATES ARE VERY REASONABLE. CALL OR STOP ON BY FOR MORE INFORMATION. 281-388-4298

**Do you have a special talent or skill you would like to share?
Volunteers needed! If you are interested, please come by the Senior Center office today.**