



**For Active
Adults 50 +**

309 West Sealy
Alvin, TX 77511
281-388-4298
Fax 281-388-4367
www.alvin-tx.gov

Office Hours:
Monday - Friday
7:30 am - 4:30 pm

Please Note the
Following
Holiday Closures:

November 23
Closing at 12:00pm
November 24 Closed
November 25 Closed

December 22 Closed
December 23 Closed
December 26 Closed

December 29 Closed
December 30 Closed
January 2 Closed

Check out all
Parks & Recreation
classes & programs at:
<http://bookking.ca>
bkalvinrecreationpub/

Alvin Senior Center



November—December 2016



*Get your dancing shoes on!
We're going to swing and sway
the night away at the Annual
Holiday Dance!*



*Tuesday, December 13th
7:00 to 10:00 PM
\$8.00 Per Person or
\$15.00 Per Couple*

*Live Band Entertainment with
Lowell & Debi*

Refreshments Provided

January - February Newsletter Release Date:
Wednesday, December 21, 2016.
Sign-Ups Start Tuesday, December 27, 2016 at 8am



Alvin Senior Center Trip Policy

All trips hosted through the Senior Center are open to participants 50 years of age or older. Unless otherwise notified, the primary vehicle used for transportation can accommodate up to 20 passengers and has wheelchair accessibility. The secondary vehicle may accommodate up to 12 passengers and does not have wheelchair accessibility.

Guidelines for trip participants:

1. Trip fees must be paid at the time of registration
2. Participants must be self-sufficient to negotiate terrain of the destination as well as distance of travel time
3. Participants shall sign a trip Release of Liability waiver prior to departure
4. Participants must be on time for all departure times, transportation vehicle will not wait
5. Anyone who exhibits inappropriate behavior may be suspended from future trips
 - A. Inappropriate behavior may be described as, but not limited to: altered behavior brought on by alcohol, drugs or other external agents, offensive language and/or physical gestures/violence, instigating inappropriate behavior and failing to follow instructions
6. Seating in the vehicle shall be first come first served, please refrain from saving multiple seats
7. Smoking, eating and/or drinking will not be allowed in the vehicle. A closed, clear-liquid drink is permitted if necessary.
8. All accidents/incidents require a completed contact form signed by the individual (s) involved
9. For overnight/extended travel, a completed emergency medication/health questionnaire is recommended

Refund Policy

The Senior Center Coordinator or designated staff member (s) shall review and manage all refunds and/or credits issued to a paid participant. Refunds may be issued when paid registration is equal to or greater than ten (\$10) dollars. No refunds can be granted on advance ticket purchases. Credit will be granted in lieu of a refund when the paid registration is less than ten (\$10) dollars and/or the participant elects this option instead of receiving a full refund. All credit accrued shall expire if not used by December 31st of the current calendar year.

Trip Cancellation

When a hosted trip is canceled by the Senior Center all paid participants may be eligible for a refund less any advance ticket purchase price OR received credit limited to the value of the dollar amount paid less any advance ticket purchase price. Should advance tickets be purchased, participants unable to attend are encouraged to find a replacement as there is typically limited space and other patrons may wish to attend. Participants who wish to cancel their paid registration must do so prior to three (3) calendar days of the event date. Those who cancel on or within three (3) calendar days will not receive credit or a refund.

DUE TO LIMITED SENIOR CENTER PARKING, TRIP PARTICIPANTS ARE REQUIRED TO PARK AT THE STANTON'S OVERFLOW LOT, THE MUSEUM PARKING LOT WHEN CLOSED OR CITY HALL PARKING LOT.

Updated 11/3/2011



Code of Conduct Policy

Purpose

The Alvin Senior Center provides a safe, friendly, and welcoming environment for seniors to participate in activities, enjoy fellowship and engage in lifelong learning opportunities. For the safety and benefit of all participants, the following Code of Conduct Policy shall be observed.

Policy

Participants in Alvin Senior Center Activities shall:

- Treat other participants and staff respectfully and courteously.
- Treat others in the same manner you would like to be treated.

Behavior that constitutes violation of this Policy includes, but is not limited to:

- Loud, disruptive, obscene, hateful, or abusive language.
- Making threats or demonstrating threatening behavior, verbally or in writing, to participants or staff.
- Violation of smoking ordinances.
- Defacing or destroying any city property.
- Activities that negatively affect the health of others.
- Racial, religious, or sexual harassment of participants or staff.
- Physical altercations with participants or staff.
- Removal of city property without permission.
- Participating in activities while under the adverse influence of alcohol or drugs.
- Committing or attempting to commit any activity that would constitute a violation of any federal, state, or local criminal statute or ordinance.
- Other behavior that is deemed inappropriate by the Senior Center Manager or their designee.

Consequences of Policy Violation

Violation (s) of this policy may result in the suspension of participant (s) from Senior Center activities.

The Senior Center Manager is responsible for ensuring that this policy is maintained. Any questions or comments concerning this policy should contact the Director of Parks and Recreation.

Also, please note: The Alvin Senior Center programs are for senior citizens who are independent and can care for their own personal needs. Seniors are welcome to bring an attendant or care giver with them in order to enjoy our services and programs.

What's Happening

Your community news around Alvin!



Blanket BINGO! Spend one Friday a month in National Oak Park with your family, friends & neighbors! Pack a picnic, bring your blanket and get ready to yell BINGO!!

Dates: November 18 & December 3

Time: 6:00 - 8:00 PM

Cost: \$1.00 a Card With Unlimited Use



Drop off your grandbabies, grandnieces or grandnephew's Santa letter(s) in Santa's Mailboxes located in front of HEB & Krogers stores from Nov 30-Dec 17 with a return address and receive a return letter from the big man himself! Letters sent weekly!



Free Community Thanksgiving Dinner (Open to the Public)

Dinner Service Time: 11:00 AM to 2:00 PM

Sponsored by Joe's BBQ & Knights of Columbus



Free Christmas Eve Dinner (Open to the Public)

Dinner Service Time: 10:30 AM to 1:00 PM

Sponsored by Rice Tech

Please contact Madonna or Courtney Ballard at Helen's Flowers in Alvin for more information or volunteer opportunities for Thanksgiving & Christmas dinners.



Did you capture a great moment on a Senior Center trip or here at the Center? Board Member, Beverly Kimbrough would love to have a copy of your photo for the Alvin Senior Center history book! Please print a 4x6 copy and drop it by Ron or Marla's office! Thanks!

DOES YOUR GROUP, CHURCH OR LOCAL CIVIL ORGANIZATION HAVE AN EVENT OR AN ACTIVITY THEY WOULD LIKE TO INVITE EVERYONE TO? Submit it to be in the next newsletter! Please write your name, contact number & brief description of the event on a suggestion form, drop it in the suggestion box and Ron or Marla will get back to you for further info.



We are here for YOU! Your feedback & suggestions are welcomed. Went on a trip and had a great time? or maybe you didn't like it so much.. Let us know! Want to go somewhere or do something... Let us know! Drop your suggestions & feedback in the boxes in the "lounge" outside the exercise room.



Home for the Holidays

SAVE THE DATE • 12.2.16 & 12.3.16

-NATIONAL OAK PARK ALVIN-

Christmas Movie • Visit with Santa • Food Vendors
Christmas Market • Kid's Activities • Snow Hill
Worlds Tallest Snowman • Light Parade
Holiday Entertainment & Much More!



281.388.4299 | 281.585.3359
AlvinTexas.org



GAMES & FITNESS FUN!

BREAKFAST AND BONES - 42

Enjoy a light breakfast, coffee and a game of dominoes with us every week!

WHEN: Wednesdays
TIME: 8:30 AM - 12 PM
COST: Donations accepted

42 DOMINO'S

Join us for 42 domino's. Newcomers welcome!

WHEN: Mondays & Fridays
TIME: 11 AM - 4:30 PM, Board Rm
COST: FREE

MAH-JONG

Do you know how to "Mah-jong"? Come see what all the excitement is about and learn this fun and challenging game.

WHEN: Wednesdays
TIME: 1 - 4:30 PM, Board Rm
COST: FREE

CANASTA HAND & FOOT

WHEN: Every Monday
TIME: 7 - 10 PM, Board Rm
COST: FREE

Bring a snack or dish to share

BEGINNER COMPUTER ASSISTANCE

Make An appointment with Tom for one on one computer assistance and training.

Get connected today!

WHEN: Tuesday - Friday
TIME: 12:30 - 4:00 PM
COST: FREE

T.O.P.S

Join Patsy Fleck & her group to learn how to "Take Off Pounds Sensibly". Stay fit & healthy the right way.

WHEN: Tuesdays
TIME: 6:00 PM
COST: FREE

BEGINNING TAI CHI

Tai Chi is a Chinese form of martial arts involving slow, controlled movements. This low impact exercise improves balance & stability. Starts Sept. 7th.

DATE: Every Weekday, Monday thru Friday
TIME: 8 :30 - 9 :30 AM
COST: FREE

AFTERNOON TAI CHI

Join Nolan, an expert Tai Chi instructor for 12 years for this Chinese-based form of martial arts. Slow, controlled movements. & low impact.

WHEN: Mondays & Wednesdays
TIME: 11:00 AM - 1:00 PM
COST: FREE

ACES

This low impact, evidence based exercise class is so much fun you won't know it's good for you!

DATE: Monday, Wednesday & Friday
TIME: 9 :30 - 10 :30 AM
COST: FREE

BODY RECALL

Fun and Fitness! Join Marilyn in this high energy exercise class that helps with mobility & flexibility.

WHEN: Monday, Wednesday & Friday
TIME: 1 - 2 PM
COST: See Instructor

ZUMBA GOLD

Join Lety, for a high energy Latin inspired dance fitness and strength class!

All levels welcome!

WHEN: Tuesday & Thursdays
TIME: 9:30 - 10:30 AM
COST: 5 Class Punch Card - \$10.00
10 Class Punch Card - \$20.00 + 1 Free

LONESTAR LEGAL AID

Free Legal advice and counseling services to those who qualify. Must be a resident of Brazoria County.

Telephone # 979-849-6464 Extension 2525

When: The 3rd Monday of every month

Where: Alvin Senior Center, Please ask staff which room as it varies.

ARTS, CRAFTS and ENTERTAINMENT!

I went to Canasta last Monday. OMG! So much FUN and everyone was super friendly!

Really! I will go with you next time! Girls night!! Cant wait!



CROCHETING

Join Grace in the craft room for Crochet Class! Whether you are a beginner or just want a great group to crochet with, this is the crochet group for you!

WHEN: Thursdays
TIME: 1 - 3 PM, Craft Room
COST: Your Materials Per Instructor

QUILTING CLASS

Join Sue Driskill every Monday for quilting class. An expert quilter that can teach beginning to expert! All levels welcome!

WHEN: Mondays
TIME: 6 - 8 PM, East End
COST: Your Materials Per Instructor

FRIDAY NIGHT QUILTING BEE

Join Sue and the quilting gang for Friday night quilting fun! Always a good time!

WHEN: Every Friday
TIME: 5 - 9:30 PM, East End
COST: Your Materials Per Instructor

OIL PAINTING & WATERCOLOR

Join Beverly Kimbrough in painting class. She will guide you straight into your next masterpiece! All skill levels are welcome!

WHEN: Wednesdays
TIME: 1 - 3 PM, Craft Room
COST: Your Materials Per Instructor

THE RAT PACK BOOK CLUB

WHEN: November 18
TIME: 10 AM - 12 PM, Craft Room
COST: Your Book

November Book: The Boys in the Boat

By: Daniel James Brown

ON HOLIDAY FOR DECEMBER, SEE YOU IN JANUARY!

ALVIN SENIOR PHOTOGRAPHY CLUB

Are you interested in taking better pictures? Wonder what all those features on your camera are for? Join Fern Burgett and the photography club and capture life behind the lens!

WHEN: Tuesdays
TIME: 9 - 11:30 AM, Craft Room
COST: Free, Camera Needed

BEGINNING GENEALOGY

Join Oletia Teas as she teaches us research tips, tricks and the basics on where to begin on our Genealogy journey.

WHEN: 1st & 3rd Monday of Every Month
TIME: 9:30 - 11:30 AM
COST: Free Instruction, Field Trips to Research Library Will Have a Small Fee

WEDNESDAY NIGHT JAM SESSION

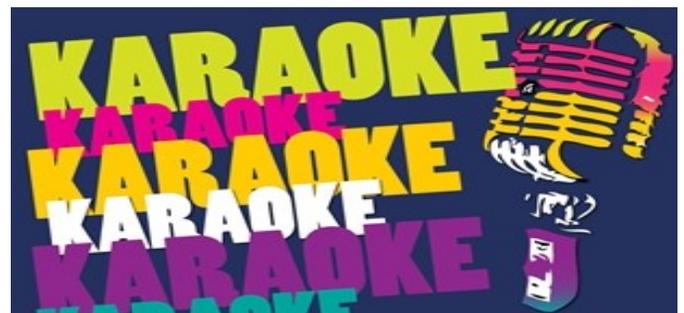
If you play a musical instrument, sing or simply enjoy listening to a good, raw musical sound, join us as we jam out to our musical favorites! We play bluegrass, country & gospel! Sure to be something you'll like!

WHEN: Wednesdays
TIME: 5:30 - 8:30 PM, West End
COST: Free

KARAOKE NIGHT

Do you like to sing and have fun? We are having a great time on Thursday nights! All we need is you!

WHEN: Thursdays
TIME: 6:00 - 9:00 PM





November Trips and Events



INTERNATIONAL QUILT FESTIVAL

More than 1,500 quilts, textiles & wearable art! Stroll & shop in 1,100 booths for quilts, fabrics, books, patterns & lots more!

Date: Thursday, November 3

Leaving the Center at: 9:00 AM

Cost: \$5.00 Fuel + \$9.00 Entry Fee at the Door

Location: George R Brown Convention Center

LUNCH BUNCH to HOPE VILLAGE CAFÉ

This special café features simple sandwiches, soups & salads inspired to provide a pleasant lunch for friends of Hope Village & offer a valuable training experience for adults with intellectual & development disabilities. We will be visiting the hand-made goodies gift shop.

Date: Tuesday, November 8

Leaving the Center at: 10:30 AM

Cost: \$3.00 Fuel + Lunch on your own

Location: Friendswood

MARTHA'S BLOOMERS

Walking paths lead you through a serene garden into a shop of treasures. Unique items to accent your home, stained glass, antiques & garden décor. Lunch will be enjoyed in a sun-lit tea room overlooking the garden.

Date: Wednesday, November 9

Leave Time: 9:00 AM

Cost: \$5.00 Fuel + Lunch on your own

(Average Meal \$10.00)

Location: Navasota, TX

NATIONAL VANILLA CUPCAKE DAY

Date: Thursday, November 10

Time: 10:00 AM until they're all gone

Cost: Free - Sign up is required

Location: Senior Center, West End

VETERAN'S BREAKFAST

SOS is back! Veterans, we are making an honorary breakfast just for you. Please allow us the privilege to thank you, the brave men & women that served the best country in the world! The USA!

Sign up requested by Mon., Nov 7 please.

Date: Friday, November 11

Time: 8:00 AM

COST: Free

Location: Senior Center, West End

MOVIE TUESDAY - New Release

Date: Tuesday, November 15

Movie & Leave Time: TBA on Nov 10

Cost: \$2.00 Fuel + \$5.68 ticket at the door

Location: Webster Cinemark

Lunch at Hibachi Grill & Buffet

HOORAY FOR THE HOLIDAYS!

The holiday season is here & we can't think of any better way to welcome the season, than to celebrate with our Senior Center friends & family! We will be cooking up holiday favorites & enjoying the sounds of Holiday music!

Date: Thursday, November 17

Time: 11:00-11:45am entertainment, 12pm Lunch

Cost: Free - Sign up is required by Mon., Nov 14

PANCAKE SOCIAL

Get up early and join your friends at the Center for fluffy pancakes, sizzling sausage, coffee & friendly fellowship!

Date: Monday, November 21

Time: 8:00 AM Cost: \$2.00

Location: West End, Senior Center

TAILGATE TUESDAY

Are you ready for some football! Join your friends for some indoor tailgatin'! Ladder Golf, Food & Fun!

Date: Tuesday, November 22

Time: 11AM - 1PM

Cost: A tailgating dish to share (finger foods)

DINNER BUNCH to LA CASONA in Angleton

La Casona delivers top quality Mexican food with a friendly staff in a relaxing atmosphere. Serving Brazoria County for over 15 years! Average Meal \$11.95

Date: Tuesday, November 22

Leaving the Center at: 4:30 PM

Cost: \$4.00 Fuel + Lunch on your own

CARD BINGO with BEVERLY

Only \$0.10 a game and tons of FUN! Join your friends for some card BINGO in the West End!

Date: Monday, November 28

Time: 10:00 AM - 12:00 PM

LUNCH BUNCH to WILLIE'S GRILL in Pasadena

Grilled, Fried & Blackened! Choose from an array of Seafood, Steaks, Sandwiches & Po-Boys & order it your way!

Average Meal \$10.00

Date: Tuesday, November 29

Leaving the Center at: 10:30 AM

Cost: \$4.00 Fuel + Lunch on your own

MAGICAL WINTER LIGHTS at Gulf Greyhound Park

The largest light festival ever to come to Houston! Lanterns & lights will be transformed into well-known landmarks & landscapes from all over the world! Prepare for an amazing experience! Cuisine from all over the world will be available for dinner or a snack. Walking shoes recommended.

Date: Wednesday, November 30

Leave Time: 4:30 PM

Cost: \$5.00 Fuel + \$13.00 Ticket in Advance



December Trips and Events



DICKINSON FESTIVAL OF LIGHTS

Put on your walking shoes & grab your coat! Paul Hopkins Park has transformed into a lighted winter wonderland! A beautiful must see! Bring your cameras!

Date: Tuesday, December 6

Leaving the Center at: 5:00 PM

Cost: Free

Location: Paul Hopkins Park in Dickinson

LUNCH BUNCH to PERRY'S MARKET & GRILLE

An incredible dining experience presented to you by the Perry family since 1979! Fine dining featuring the famous 7-Finger High Pork Chop along side a world-class selection of wines! Average Meal \$15.00 - 20.00 (Pork Chop Lunch Special for \$10.00)

Date: Wednesday, December 7

Leaving the Center at: 10:30 AM

Cost: \$3.00 Fuel + Lunch on your own

Location: Friendswood

LEARNING LUNCH * limited to 45 participants

TOPIC: Protecting Your Identity & Safety

LUNCH: Baked Potato Bar & Salad

Date: Thursday, December 8

Time: 11:00 am learning, 11:45 am lunch

Cost: \$3.00

MOVIE TUESDAY - New Release

Date: Tuesday, December 13

Movie & Leave Time: TBA on Dec 8

Cost: \$3.00 Fuel + \$5.68 ticket at the door

Location: Webster Cinemark

Lunch: TBD

COOKIE & RECIPE EXCHANGE

An Alvin Senior Center holiday tradition! Cook up 2 dozen of your best cookies, jot down the recipe & share with us in this festive good time!

Date: Thursday, December 15

Time: 10:00 - 11:00 AM

Cost: 2 Dozen Cookies & Recipe

Location: West End, Senior Center

NATIONAL CHOCOLATE COVERED ANYTHING DAY!

Let's coat some goodies in chocolate!

Date: Friday, December 16

Time: 10:00 - 11:00 AM

Cost: Free - Sign up required

Location: West End, Senior Center

PANCAKE SOCIAL

Get up early and join your friends at the Center for fluffy pancakes, sizzling sausage, coffee & friendly fellowship!

Date: Monday, December 19

Time: 8:00 AM Cost: \$2.00

Location: West End, Senior Center

CARD BINGO with BEVERLY

Only \$0.10 a game and tons of FUN! Join your friends for some card BINGO in the West End!

Date: Monday, December 19

Time: 10:00 AM - 12:00 PM

TAILGATE TUESDAY

Are you ready for some football! Join your friends for some indoor tailgatin'! Ladder Golf, Food & Fun!

Date: Tuesday, December 20

Time: 11AM - 1PM

Cost: A tailgating dish to share (finger foods)

IT'S A CHRISTMAS MOVIE-THON !!

We are having some Christmas fun! Join your Senior Center family for some Holiday flicks, popcorn, pizza & cocoa! We love movies!

Date: Wednesday, December 21

Time: 9:00 AM - 2:00 PM

Cost: \$2.00 for Popcorn & Pizza (served at 12pm)

Location: West End, Senior Center

IT'S A CHRISTMAS MOVIE-THON !!

We are having some Christmas fun! Join your Senior Center family for some Holiday flicks, popcorn, pizza &

Date: Wednesday, December 21

Time: 9:00 AM - 2:00 PM

Cost: \$2.00 for Popcorn & Pizza (served at 12pm)

Location: West End, Senior Center



STAFF



Marla Grigsby
Senior Center Manager

Ron Shepherd
Senior Center Attendant

Thomas Cox
Senior Center Opener / Closer

Thomas Christopher
Experience Works, Trainee (SCSEP)

SENIOR BOARD

Barbara Biggers, President

Brenda Maust, Vice President

Nell Shimek, Secretary

Beverly Kimbrough, Historian

Betty Hodges

Darrell Brady

**Welcome Judy
Zavalla!!!**



NEW MEMBERS WELCOME!	JOIN IN THE FUN!
RETIRED SCHOOL EMPLOYEES	<i>1st Thurs of the Month (3:00 - 4:30 PM)</i>
GARDEN CLUB	<i>1st Thurs of the Month (9:00 AM - 1:00 PM)</i>
ACTIONS (281) 585-4677	<i>Monday - Friday (8:00 AM - 2 :00 PM)</i>
DAYTIMERS	<i>4th Mon of the Month (10:30-12PM)</i>
ARE YOU OK?	<i>2nd Friday of the Month (10:00 AM - 12:00 PM)</i>
LONE STAR DAYLILY SOCIETY	<i>3rd Sun of the Month (2:00 - 5 :00 PM)</i>
MUSTANG CLUB	<i>1st Fri of the Month (1-3:00 PM)</i>
WOODMEN OF THE WORLD	<i>1st Tues of the Month (6:00 - 8 :00 PM)</i>
GULF COAST QUILTERS GUILD	<i>1st Thursday of the Month (6:00 - 9 :00 PM)</i>
QUILTING CLASS	<i>Mondays (6:00 - 8:00 PM)</i>
FRIDAY NIGHT QUILTING BEE	<i>Fridays (5:00 PM- 9:30 PM)</i>
MONDAY BRIDGE	<i>2nd & 4th Mon. of the Month (10:00 AM - 1:30 PM)</i>
TUESDAY BRIDGE	<i>2nd & 4th Tues of the Month (9:30 AM - 3:30 PM)</i>
THURSDAY BRIDGE	<i>2nd & 4th Thurs of the Month (1:00 - 5:00 PM)</i>

THE ALVIN SENIOR CENTER WILL BE GLAD TO ASSIST YOU WITH ROOM RENTALS FOR BIRTHDAYS, GRADUATION PARTIES, BABY SHOWERS, WEDDINGS, ANNIVERSARIES OR OTHER TYPES OF PARTIES OR SPECIAL EVENTS. WE HAVE A SPACIOUS FACILITY AND OUR RENTAL RATES ARE VERY REASONABLE. CALL MARLA, RON OR TOM FOR MORE INFORMATION. 281-388-4298

**Do you have a special talent or skill you would like to share?
Volunteers needed! If you are interested, please come by the Senior Center office today.**